

Books



The Able Gardener: Overcoming Barriers of Age and Physical Limitations

Author: Kathleen Yeomans, RN

Publisher: Storey Communications, Inc., 1992

Easy Lifelong Gardening

Authors: John Pierce and Roland Barnsley

Publisher: Trafalgar Square Publishing, 1993

The Enabling Garden

Author: Gene Rothert

Publisher: Taylor Publishing, 1994

Master Gardeners are trained volunteers who aid University of Wisconsin Extension staff by helping people in the community better understand horticulture and their environment. For more information about becoming a UW-Extension Master Gardener,

**contact Columbia County
UW-Extension
120 W. Conant St.
PO Box 567
Portage, WI 53901
(608) 742-9688**



Lifelong Gardening

...for different stages
of life and abilities



Information Resources

A project of the Columbia County
Master Gardeners



About our project:

Gardening is America's number one pastime. With a little ingenuity and creativity, gardening can be made accessible to all.



The Columbia County Master Gardeners became interested in this topic when Thrivent for Lutherans asked for help designing and building a wheelchair accessible garden for the residents at Columbia Health Care Center. While researching how to build this project, we discovered a wealth of information related to enabling gardeners of all ages and abilities to continue to enjoy this hobby.

The project now encompasses not only the building of the beds for CHCC, but examples of tools and garden adaptations, and educational materials. Following are some of the resources we've found helpful. We hope you will enjoy learning more about Lifelong Gardening!

Websites and Catalogs of Interest

<http://arthritis.org>

Click on "Easy to Use" then "Gardening Tools"

<http://arthritis.about.com>

Click on Assistive Devices under "Articles and Resources"

www.oxo.com/catalog

Click on "Garden Products"

www.thewright-stuff.com

Free Catalog

www.leevalley.com

Click on "Gardening"

www.lifewiththeease.com

Click on Ergo-garden tools under "Outdoors;" Free catalog

www.merrygardeners.com

Click on "Enabling Tools;" Many nice items for the garden

www.plowandhearth.com

Click on "Yard and Garden"

<http://www.cleanairgardening.com>

Click on Garden Gadgets for "Wrist-Easy" tools

<http://www.stokeseeds.com>

Click on "New Customer", then "Accessories"

www.lehmans.com

Click on "Outdoors," then "Gardening"

<http://www.circlehoe.com>

Ergonomic hoe design

<http://www.ergonica.com>

Links to many other sites

<http://www.jacksonandperkins.com>

Click on Garden and Home

www.gardeners.com

Click on Tools

