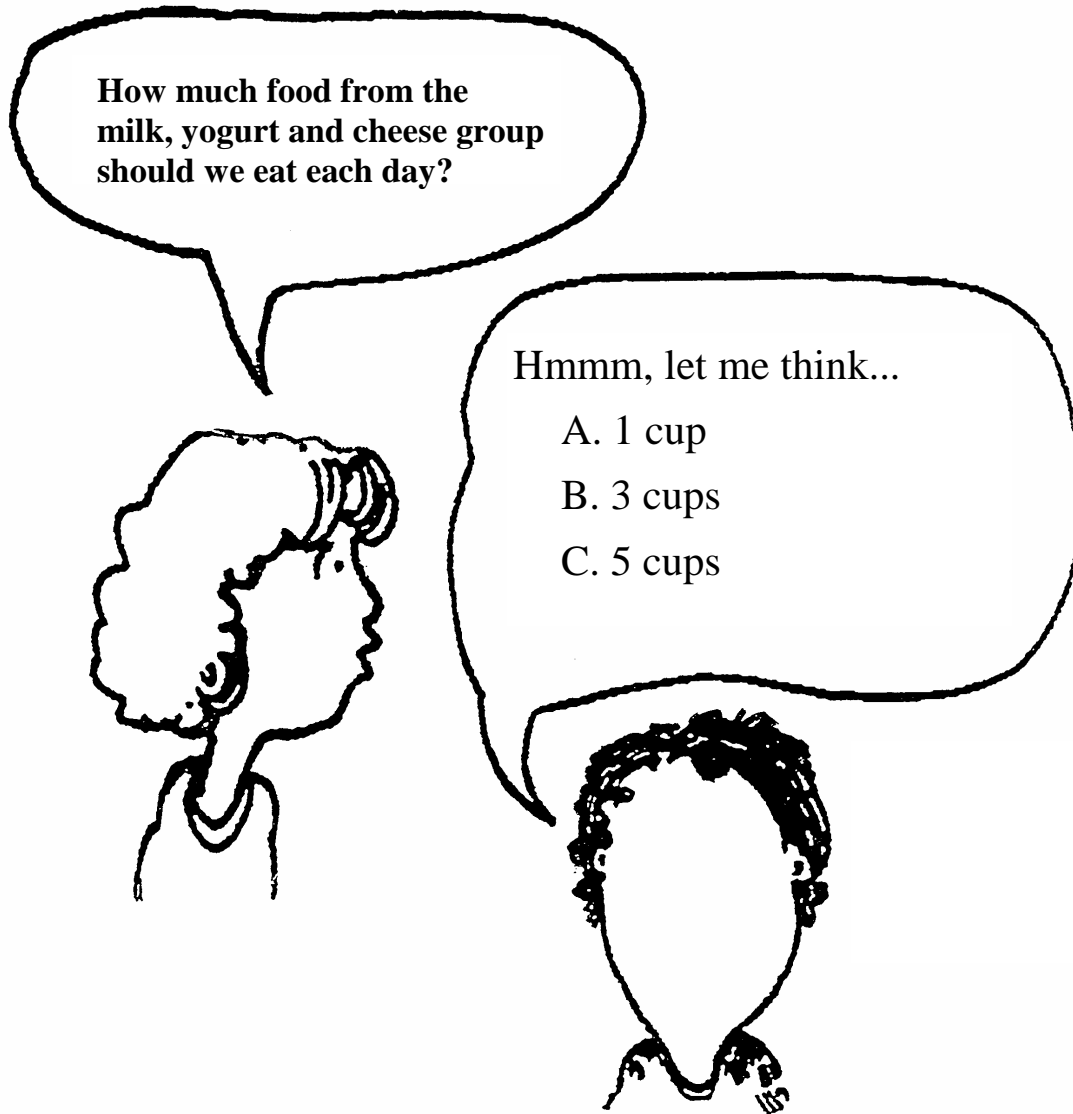


How much from the milk group?



Choose One: What answer would YOU choose?

Note: Based on MyPyramid recommendations for children 9 to 13 years old.