

**Minnesota-Wisconsin Nutrition Education
Hmong Working Group
Minutes of the November 19, 1999 Phone Conference**

Participants:

From Minnesota:	Beth Sandell	From Wisconsin:	Larry Jones
	Donna Bailey		Mayker Lee
	Jean Randall		Tammy Hansen
	Donna McDuffy		Linda Bruce
	Faye McLain		Brenda Schultz
	Ue Yang		Maiyoua Thao
			Carolyn Krueger
			Bev Phillips

Updates on Work in Progress

- “Food Safety at Home” project in MN. Beth reported that the funding for development of the CD ROM software version of the “Food Safety at Home” teaching resource for Hmong learners is not available. There was discussion about the usefulness of this resource for Hmong. Consensus among educators who had seen or used the material was that a paper version with appropriate teaching guide for the educators would be best for use with Hmong learners. Donna Bailey will send several copies of this resource to Bev Phillips for review/use by Wisconsin educators.
- Food Resource Management. Carolyn Krueger reported on the project that Nancy Coffey has started to develop teaching materials for Hmong learners based on several of the Money for Food lessons. Nancy has received a small grant to support this work. The project will be done in close collaboration with the Eau Claire Hmong Mutual Society. Project will be completed by June 2000. Several members of the work group expressed interest in the project and in possibly pilot-testing materials, as they become available. Carolyn will pass that information on to Nancy. Bev Phillips will send copies of the current version of the Money for Food curriculum to MN.
- Curriculum Review Form. Donna Bailey and Bev Phillips had developed a review form for use when evaluating teaching resources for possible use with Hmong audiences. This form will be placed on the Work Group web site.
- Minnesota Nutrition Network Catalog of Nutrition Education Materials for Diverse Audiences. A catalog of materials with an annotated bibliography is being developed that will include materials for Latino, Somalian and Hmong learners. Donna Bailey will share the catalog as soon as it is available so this Work Group can explore new resources discovered and described by the Network.
- Hmong Culture. Resources related to Hmong history and culture have been placed on the web site. Members who have additional or better ideas for resources to share in with the Work Group are encouraged to send comments/ideas to Bev or Larry. Larry reported that the WI CES Hmong Task Force is planning a 2-day inservice for Extension staff in late March or early April 2000. The first day will be on Hmong culture and working with Hmong audiences. Day 2 will apply the information from Day 1 to a particular programming area: parenting, nutrition, horticulture, community development. The inservice will be appropriate for any staff who are working with, or who are interested in working with, Hmong learners in their communities. Larry will send more details to this Work Group as soon as more information is available.
- WI/MN Hmong Work Group web page. Many of the members of the Work Group had not yet had the opportunity to look at the web site. Several who had stated that the information seemed potentially useful. Bev encouraged all to spend some time looking at the information there and

providing feedback on the usefulness and appropriateness of it. It was suggested that other links could be added, for example, the Marathon County web site which describes some of their programming with Hmong (<http://uw-ext.co.marathon.wi.us/>) Additional members of the Work Group will be added to the Members list on the web site.

Additional Resources or New Projects:

- Cookbooks/Recipes.
 1. Mayker Lee will get more information on the Hmong/English Cookbook recently printed by the Hmong American Women's Association of Milwaukee.
 2. Staff in Minnesota will explore the availability of the "Hmong Recipe Cookbook" produced by the First Presbyterian Church of South St. Paul in the mid-1980's.
 3. Bev Phillips and Maiyoua Thao will look into the possibility of sharing the Hmong cookbook developed in Winnebago/Outagamie Counties in 1996.
- Pictures/Photos of Hmong foods. The St. Paul/Ramsey Nutrition Program recently completed a project of photographing and describing foods commonly eaten by Southeast Asian Americans. Donna McDuffie will fax ordering information to Bev (DONE) and she will explore how to best share this new resource with the rest of the group.
- Nutrition a la Culture. A notebook of nutrition education resources was developed about 10 years ago in the twin cities by WIC. Some of the resources may still be useful. Faye McLain will explore whether this notebook is still available, or if not, if we may get permission to use their materials.
- Description of Hmong Food Ways. There was some discussion of what constitutes traditional or typical Hmong eating habits or commonly eaten foods. Mayker will write a brief description of the Hmong American diet. Some resources that may help others understand include: Food Ways Manual by Mary Darling and "Hmong American Food Practices, Customs, and Holidays" by The American Dietetic Assoc.
- Hmong Cable TV Show. Maiyoua Thao suggested that we consider using videos of past cable shows produced in Outagamie County for education with Hmong audiences. (Descriptions and ordering information will be placed on the web site.) Also, new ideas for show topics are welcome.
- Videotapes with Hmong Script or Voice-over. Ue Yang requested that the group look into producing or purchasing videotapes for use with Hmong learners.
- Staff Visits to the Neighboring State. Beth suggested that the Nutrition Educators who work with Hmong learners may benefit from visiting their counterparts. There seemed to be general agreement that such visits would be useful. Larry will contact Coordinators in WI to inform them of the opportunity; Beth will do the same in MN.

Next Conference Call:

The next meeting of the Work Group will be a telephone conference call on January 7, 2000 at 10:00 am.