

Tips:

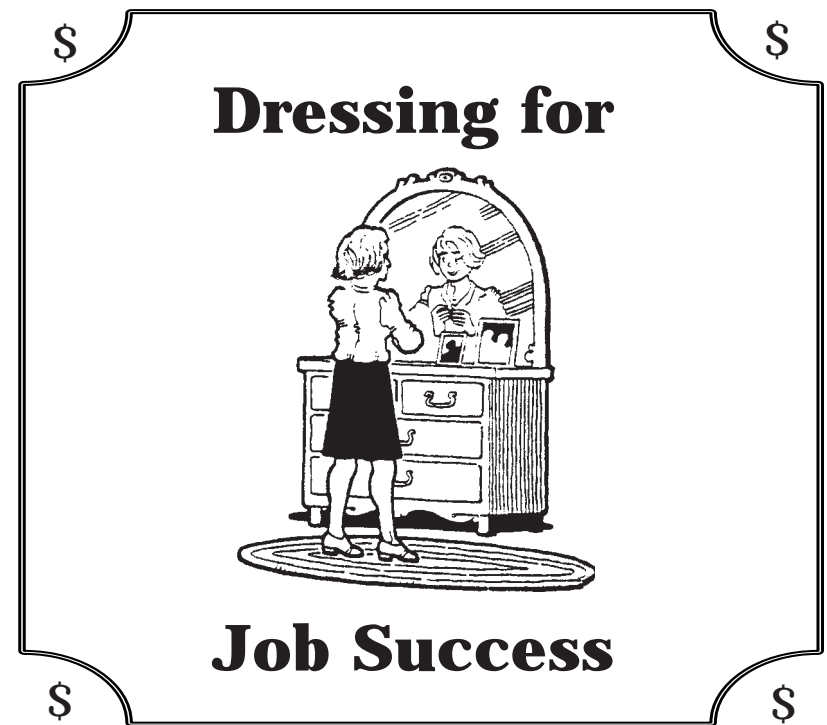
- Check labels for care directions. *Dry cleaning increases costs. Washing or drying a garment at the wrong temperature could ruin or shrink it.*
- Cut clothing care costs by hanging clothes up after each wearing.
- Simple repair skills can save money. *Heat sensitive hemming tapes and adhesives can be used in place of some sewing skills, but do add to the cost.*
- Choose clothes that are appropriate for where you work and for the work you do.
- Choose fabrics that stay wrinkle free and neat.

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Family Living Programs

MM08: Dressing for Job Success



Afford Healthy Food Choices with DOLLAR SENSE

How can I look good for work and interviews when I can't afford new clothes?

The first step is to look at what you have that could be right for the job or interview.

Clothes that look good and fit (list):

Clothes that need:

* *Repair:* _____

* *Cleaning/spot removal:* _____

* *Minor alteration:* _____

What do I need to go with the clothes I already have?

How can I get the clothes I need without spending much?

1. Decide how much you can afford to spend.
2. Look for low cost sources of clothes and accessories.
 - Factory outlets/discount stores
 - Good used clothing at swap shops, Goodwill, garage sales, or exchanging with friends or family
3. Update or restyle items with simple do-it-yourself skills—or exchange skills with a friend.
4. If you sew, use those skills to create the needed clothing.
5. Plan for wearing clothes in many ways by mixing and matching.
6. When buying clothes, find colors and styles that make you feel good!
7. Keep in mind **cost per wearing**. If you only wear something once, even if it was on sale—**was** it a bargain?